



PSHE & My Happy Mind

	Autumn		Spring		Summer	
EYFS	Meet your brain Places (my emotions)	Celebrate	Appreciate	Relate	Engage My Happy Body (personal hygiene)	My Happy Relationships (my feelings) My Happy World (familiar people around me)
Year 1	Meet your brain Places (emotions & regulation)	Friendships and showing respect Celebrate	Appreciate Healthy & safe choices	Relate Families and trusted relationships	Engage Protecting our communities	Changing and growing (how we change)
Year 2	Meet your brain Places	Celebrate	Appreciate Safe Choices Online Safety	Relate Friendships and showing respect Changing & growing	Engage Safe relationships	Economic wellbeing Changing & growing
Year 3	Meet your brain Places	Celebrate	Relate Friendships and showing respect	Families and trusted relationships	Engage Changing & growing (my amazing body) Protecting our communities	Changing & growing (Grief)
Year 4	Meet your brain Places	Friendships and showing respect Celebrate	Appreciate First aid Online safety	Relate Safe relationships	Engage Safe choices Changing & growing	Economic wellbeing Changing & growing

Year 5	Meet your brain Places	Celebrate	Appreciate Healthy choices	Relate Families and trusted relationships Friendships and showing respect	Engage Changing & growing Safe relationships	Economic Wellbeing and careers Changing & growing
Year 6	Meet your brain Places Protecting our communities	Friendships and showing respect Celebrate	Appreciate First Aid Safe choices Online safety	Relate Safe relationships Changing and growing	Engage Be your best	Transition to year 7